


HEAT INDEX and how it can prepare you for how the weather will really feel.

The National Weather Service will initiate alert procedures when the Heat Index is expected to exceed 105°-110°F (depending on local climate) for at least 2 consecutive days.

NWS Heat Index		Temperature (°F)															
		80	82	84	86	88	90	92	94	96	98	100	102	104	106	108	110
Relative Humidity (%)	40	80	81	83	85	88	91	94	97	101	105	109	114	119	124	130	136
	45	80	82	84	87	89	93	96	100	104	109	114	119	124	130	137	
	50	81	83	85	88	91	95	99	103	108	113	118	124	131	137		
	55	81	84	86	89	93	97	101	106	112	117	124	130	137			
	60	82	84	88	91	95	100	105	110	116	123	129	137				
	65	82	85	89	93	98	103	108	114	121	128	136					
	70	83	86	90	95	100	105	112	119	126	134						
	75	84	88	92	97	103	109	116	124	132							
	80	84	89	94	100	106	113	121	129								
	85	85	90	96	102	110	117	126	135								
	90	86	91	98	105	113	122	131									
95	86	93	100	108	117	127											
100	87	95	103	112	121	132											

Likelihood of Heat Disorders with Prolonged Exposure or Strenuous Activity

Caution
 Extreme Caution
 Danger
 Extreme Danger





**THINK
SAFETY**
it couldn't hurt

Safety is one of the most important part of a lineman's job. Osha gives guidelines on while working in a bucket truck.

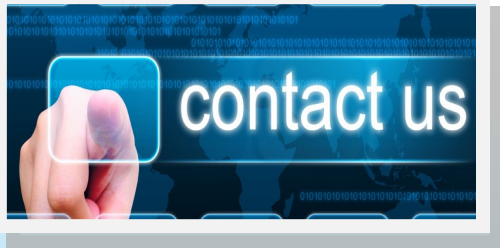


Aerial Lifts Protect Yourself

Aerial lifts are vehicle-mounted, boom-supported aerial plat forms used to access utility lines and other aboveground job sites. The major causes of fatalities are falls, electrocutions, and collapses or tip overs. Employers must take measures to ensure the safe use of aerial lifts by their workers if they are required to use this equipment in the course of their employment.

- Make sure that workers who operate aerial lifts are properly trained in the safe use of the equipment.
- Maintain and operate elevating work platforms according to the manufacturer's instructions.
- Never override hydraulic, mechanical, or electrical safety devices.
- Never move the equipment with workers in an elevated platform unless this is permitted by the manufacturer.
- Do not allow workers to position themselves between overhead hazards, such as joists and beams, and the rails of the basket. Movement of the lift could crush the worker(s).
- Maintain a minimum clearance of at least 10 feet, or 3 meters, away from the nearest energized overhead lines.
- Always treat power lines, wires and other conductors as energized, even if they are down or appear to be insulated.
- Use a body harness or restraining belt with a lanyard attached to the boom or basket to prevent the worker(s) from being ejected or pulled from the basket.
- Set the brakes and use wheel chocks when on an incline.
- Use outriggers, if provided.

Do not exceed the load limits of the equipment. Allow for the combined weight of the worker, tools and materials.



Email: sctewiregrasschapter@gmail.com



Website: <http://sctewiregrasschapter.weebly.com>



<http://www.facebook.com/pages/SCTE/Wiregrass/Chapter>



Mail: P.O. Box 63 Valdosta, GA 31603

BOARDMEMBERS

President: Al Kai, Mediacom
akai@mediacomcc.com

VP, Professional Development: Brent Martin, Mediacom
brentmartin@mediacomcc.com

Chairman: Wendell Pitts, Mediacom
wpitts@mediacomcc.com

Secretary: Charlotte Armentrout, Mediacom
carmentrout@mediacomcc.com
229-244-3852 x 2127

Treasurer: Robbie Boyette,

Board Member: David Jones, Mediacom
djones@mediacomcc.com

Board Member: Jim Dupler, Trilithic
jdupler@trilithic.com

SCTE LiveLearning Webinars™

LiveLearning Webinars are a series of live, interactive, web-based seminars offered on the third Wednesday of every month. This educational program is a member benefit which is free for SCTE members and \$29 for nonmembers.

LTE Interference/UHF Leakage
Wednesday, May 20, 2:00 PM Eastern
2 pm Eastern

Register: <http://www.scte.org/livelearning/>

Please join our chapter for events throughout 2015!

- * July 23rd - Training TBA
- * August 19th - Cable Games
- * November 12th - Training TBA

Please visit our website for more information!

<http://sctewiregrasschapter.weebly.com/>